

Centre for Integrative Medical Training  
In Association with London Integrated Medical Health Education



# Pre-membership Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

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## Unit 53

Therapeutic Pointers for Week 9

## *Obstetrics - Antenatal Care*

This is an area where you will be grateful for the possibilities homeopathy offers you. Many commonly used drugs have side-effects and, even when considering those that are not known to have any adverse effects on the embryo/foetus, women and their doctors prefer to intervene as little as possible with pharmaceutical medication.



Pregnancy is not an illness, even though many women may have some mild complaints as their bodies adjust to the hormonal changes of pregnancy and their new baby – nausea and vomiting being some of the most common ones.

Other problems such as constipation and musculo-skeletal symptoms respond very well to remedies and you can refer to the course booklets covering the respective organ systems for suitable remedies. Homeopathic remedies do not have any teratogenic or toxic side-effects.



In this unit, we will look at some specific areas that commonly occur in obstetrics and remedies that can be of use.

<https://youtu.be/QU-ZCLBR73A>



### ***Miscarriage (Spontaneous Abortion)***

The after effects can clearly be emotional, physical or indeed any combination of physical and stress-mediated responses.

You need to have awareness of the physical sequelae and enquire about abdominal and genitourinary symptoms and actively check for fever or infections. You should also check in the recent history for adverse drug effects, sources of toxicity and intercurrent illnesses that may have had a bearing. Often there are no obvious causes and depending on the gestational age of the foetus, there may be no products remaining for genetic testing.

As a homeopath, your input may be primarily to prescribe for shock or grief, but sometimes if patients have been for dilation and curettage, you may be required to prescribe injury / post-surgical remedies, or specifics for pain or bleeding.

### ***Recurrent Abortion***

Recurrent abortion can be related to genetic anomalies. Appropriate genetic testing with due consent and explanation, can be vital to the advice provided. Often, however, the cause is obscure and if investigations throw up no clear solutions, you should turn to the homeopathic listings for 'Tendency to Abortion'. Please see supplemental materials for Dr Guy Kokkelenberg's material relating to Tendency to Abortion. Take time to look at the relevant rubrics in your repertory.

## *Some Rubrics*



Turn to your repertory and look at the rubrics relating to miscarriage/abortion, especially focusing on the smaller ones.

FEMALE GENITALIA/SEX – ABORTION 117  
FEMALE GENITALIA/SEX – ABORTION – sequelae of abortion 14  
FEMALE GENITALIA/SEX – ABORTION – tendency to abortion 55  
FEMALE GENITALIA/SEX – ABORTION – threatening abortion 57  
FEMALE GENITALIA/SEX – LEUKORRHEA – abortion, with history of 4  
FEMALE GENITALIA/SEX – LEUKORRHEA – pregnancy, during – abortion; tendency to 1  
FEMALE GENITALIA/SEX – LOCHIA – abortion, after 1  
FEMALE GENITALIA/SEX – MENSES – copious – abortion or parturition, after 13  
FEMALE GENITALIA/SEX – METRORRHAGIA – abortion 0  
FEMALE GENITALIA/SEX – METRORRHAGIA – abortion – threatening abortion, in 14  
FEMALE GENITALIA/SEX – METRORRHAGIA – bright red – abortion, after 1  
FEMALE GENITALIA/SEX – PAIN – burning – Ovaries – abortion, during 1  
FEMALE GENITALIA/SEX – PLACENTA – retained – abortion, after 4  
GENERALS – FAINTNESS (= fainting) – abortion, after 1  
GENERALS – WEAKNESS (= enervation) – abortion 0

## ***Hyperemesis***

This is a very common condition in particular during early pregnancy induced by rises of HCG and progesterone. Remedies often bring relief.

### **Some rubrics**

STOMACH – VOMITING – pregnancy, during 74  
STOMACH – VOMITING – blood – pregnancy, during 1  
STOMACH – VOMITING – milky – pregnancy, during 1  
STOMACH – VOMITING – mucus – pregnancy, in 1  
STOMACH – VOMITING – water – pregnancy, during 1



*Symphoricarpos racemosa*  
(Snowberry)

### **Some remedies**



Run a repertorisation of hyperemesis using your own repertory and familiarise yourself with the following remedies noting their keynotes and peculiars below:

*Pulsatilla*

*Nux vomica*

*Ipecacuanha*

*Apomorphinum*

*Symphoricarpus racemosus*

*Tabacum*

*Petroleum*

## ***Vaginal Discharge***

Due to hormonal changes during pregnancy women usually experience an increase of vaginal mucus.

If there is evidence of underlying infection, or if the discharge is distressing, irritating or uncomfortable, it is worth prescribing homeopathically for it.  
(See earlier units in Months 1 & 2)



Borax

### ***Some Rubrics***

FEMALE GENITALIA/SEX – LEUKORRHEA – albuminous – pregnancy, during 1

FEMALE GENITALIA/SEX – LEUKORRHEA – bloody – pregnancy, during 2

FEMALE GENITALIA/SEX – LEUKORRHEA – pregnancy, during 13

FEMALE GENITALIA/SEX – LEUKORRHEA – thin (= watery) – pregnancy, during 1

### ***Remedies***



Examine the specific rubrics above in your own repertory and also consider the remedies outlined in the gynae therapeutics sections of your course in Months 1 & 2.